

**KGA RUNNING CLUB**



Running Club is open to all K-6<sup>th</sup> grade students. We meet twice a week to exercise our hearts and muscles and work toward our fitness goals. Come join us for a fun season of running with friends, participating in district races, and exercising to build healthier and stronger bodies! We will begin on **Tuesday, November 7** and continue until our last district race in February or March. District race dates have not been announced yet.

Running Club practices are **Tuesdays and Thursdays at 8:15 AM – 9 AM** before school. Please drop your child off at the front gate a couple minutes before 8:15 AM. Students may walk themselves to the Ramada on the NE field. We will start promptly at 8:15 AM with our warm-up. **There will be no practices on race dates.**

Please return this form by Wednesday, **October 25**. The fee to participate is **\$15 per person** and must be paid online via the InTouch System in Infinite Campus. Payment is due by Tuesday, October 31<sup>st</sup>. The \$15 participation fee includes district race set-up and supplies, Running Club shirt, and district race awards.

Running Club reminders and updates will be sent through the Remind App. This also includes last minute practice cancelations due to weather. Please sign up for our Running Club Remind by texting @kgarun to 81010.

**Questions?** Please contact Ms. Contreras via email. ([contreras.maryann@cusd80.com](mailto:contreras.maryann@cusd80.com))

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**KGA RUNNING CLUB REGISTRATION FORM**

*Print clearly. One form per student. Return registration forms to Ms. Contreras. Only paper forms will be accepted. No scanned/emailed copies. **Forms are due by October 25. Payment is due by October 31<sup>st</sup>.***

**Student Name:** \_\_\_\_\_

**Homeroom Teacher:** \_\_\_\_\_ **Grade:** \_\_\_\_\_ **Gender (M/F):** \_\_\_\_\_

**Shirt Size (check one):** \_\_\_\_\_ **Youth Small** \_\_\_\_\_ **Youth Medium** \_\_\_\_\_ **Youth Large**  
\_\_\_\_\_ **Adult Small** \_\_\_\_\_ **Adult Medium** \_\_\_\_\_ **Adult Large**

**Parent Name:** \_\_\_\_\_ **Cell Phone #:** \_\_\_\_\_

**Home Phone #:** \_\_\_\_\_ **Parent/Guardian E-Mail:** \_\_\_\_\_

**My child has the following health conditions:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_